If you are a gardener who likes to start plants from seeds, there will be a time to start those little guys indoors (to protect them from the lingering foul weather). After things start to warm up, it's all right to put them right in the ground. Whether you are ready to move the plants you have sprouted from seed inside or ready to plant starts you've got from your local nursery, now is the time. Prepare to feast on the fruits (and vegetables) of your labors!

Preparation

Planning is one of the most important elements of gardening. It is also one of the easiest steps to overlook, especially for the beginner. Knowing a few months ahead of time when you're going to need to plant and harvest your vegetables can save you serious heartache in the long run. Having your seeds, starts and preservation methods prepped and ready will ensure you the longest growing seasons, the most fruitful crops and the longest lasting life from your produce.

Knowing your calendar — and another on the weather — can extend the growing season. Many crops can be sown and planted throughout the warmest months — like peas or lettuce — to provide greens much longer than a single planting. Hearty crops — like kale and carrots — can be planted and tended all year round.

And while looking to growing, don’t forget to take a moment and look to tending. Having a garden full of nutrient-rich soil, well-planned beds and adequate sunlight/water is just as important as getting your plants in the ground. These steps often carry the gardening experience outside of the growing season and mean investing in a good pair of rubber boots and tilling equipment.

This year we have prepared a planting look at some of the most popular crops for our area. This is not an exhaustive list, but it will provide beginning and experienced gardeners with a quick glance at the year and a way to plan out the best garden possible.

— Sarah Decker

Once the harvest season is over and your beds are cleared, it is time to plant cover crops. Legumes like crimson clover give soil a healthy boost of nitrogen while various grasses will give you a good dose of green matter for tilling come spring.

You’ll need to plan time before the planting season to get your garden ready. Till your cover crop into your soil, compost, map out your garden and build beds. Take into account drainage, bed width (limiting width to 4 feet makes the center easy to reach), companion planting and sunlight.

A great way to give growing plants a little boost of nutrients.

EUGENE WEEKLY PRESENTS OUR ANNUAL PLANTING GUIDE

Planting Guide

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

BASIL

SOW

SOW INDOORS

BROCCOLI

PLANT

SOW OUTDOORS

CABBAGE

PREPARATION

CABUCHE

SEPTEMBER - NOVEMBER

CARROTS

COVER CROPS

CAULIFLOWER

COMPOST/BUILD BEDS

CHARD

JANUARY - FEBRUARY

CUCUMBER

ALL GROWING SEASON

EGGPLANT

COMPOST TEA

KALE

A GREAT WAY TO GIVE GROWING PLANTS A LITTLE BOOST OF NUTRIENTS.

LETTUCE

POTATOES

ONIONS

PEAS

PEPPERS

PUMPKINS

SPINACH

SPINACH

TOMATOES

TOMATOES

ZUCCHINI

ZUCCHINI

(Tuscan)